

ZERO-WASTE KITCHEN

checklist

A checklist of important actions and products

- Opt for a plastic-free dishwashing soap block instead of liquid
- Use a dishwashing brush made of natural fibres
- Replace your plastic scourer with a silicon brush
- Use reusable bags for your shopping
- Bring your own mesh bags for fruit & veggies
- Bring your own containers for meat and fish
- Opt for non-packaged foods when shopping
- Minimise food wastage by shopping your kitchen and using what you have
- Eat your leftovers the next day, or store them well with wax wraps or reusable containers
- Compost food waste in a bokashi bin
- Reuse glass jars and bottles for storing dry goods
- As a last resort, recycle

Keen to make a bigger impact but not
sure how? Contact us at
hello@livebrightgreen.com

